

School Therapy Occupational Therapy (OT) Program

Hi everyone! My name is **Jazmin Vince**, and I am the Occupational Therapist (OT) who will be working at Montague Consolidated this school year. I am excited to be part of your school community and to work alongside students, school staff, and families. I will be at Montague Consolidated on **Day 4, beginning the week of September 21, 2026**.

Throughout the school year, I will work together with teachers, school staff, and students to help create learning environments that are accessible and inclusive for all students. To provide support where students learn and play, I may be spending time in classrooms, small groups, the gym, library, music class, hallways, cafeterias, the playground, etc..

Occupational therapists are regulated health care professionals who work with children in many different settings and understand the importance of environmental set-up, adaptations, accessibility, motor development, sensory processing, emotional regulation, and executive function to best support students with participating in their learning, building confidence, developing independence, and experiencing success at school.

OTs support students in school with participating in

- **Personal cares:** bathroom routines, putting on and removing outdoor clothing and footwear – including fasteners (e.g., snaps, zippers, buttons, shoelaces), opening and closing lunch containers, feeding self, etc.
- **Classroom and school routines:** transitioning between activities or spaces within the classroom or school, organizing, and locating school materials, participating in classroom routines, participating in Phys Ed, library, music, recess, and playground activities, etc.
- **Learning-based activities:** using classroom tools (e.g., scissors, pencils, glue stick, learning manipulatives, etc.), expressing learning through cutting, colouring, drawing, printing, cursive writing and using technology, self-regulation, and executive functioning with respect to focusing attention, organizing self, and starting work in a timely manner, etc..
- **Managing the sensory demands of a school environment:** managing the sound of the school bell and /or announcements, sounds and movement in busy corridors, sounds in the gym, sounds during assemblies, lighting in the school, feel of learning materials, etc.
- **Managing the physical environment:** accessing spaces when using mobility aids (e.g., wheelchairs, walkers, etc.), accessing appropriate classroom desk and chair heights, using flexible seating options and optimal learning spaces, using equipment for personal cares and technical access (e.g., change tables, lift systems, switches for environmental controls or communication devices), etc.

Families are important partners in supporting student success. If you have questions about OT services at your child's school, or if you would like to discuss concerns you may have related to your child's participation at home or at school, please feel welcome to contact me at jvince@ihis.org or, 902-326-2876 (work cell phone) or through Montague Consolidated school.

I look forward to a wonderful school year working together with school staff, students and you, as parents/guardians.

Jazmin Vince, OT Reg.(PEI)
Occupational Therapist, School Therapy OT Program