### Montague Consolidated School Parent Newsletter November 2, 2020

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www.edu.pe.ca/montaguecons

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#### **Dates to Remember:**

Nov 10 - Home and School Meeting @ 6:30

Nov 11 -Remembrance Day (No School)

Nov 12-13<sup>th</sup> – PEITF Annual Convention/CUPE Annual Convention (No School)

Nov 16th-20th - Book Fair

Nov 19<sup>th</sup> – Parent Teacher Interviews (Evening)

Nov 20th- Parent Teacher Interviews (No School)

Nov 27<sup>th</sup> – PD Day (No School)



Parent-Teacher Interviews
Thursday, November 19th
(Evening) and
Friday, November 20th
No School





#### **Book Fair**

MCS will be having our first book fair the week of November 16<sup>th</sup>- 20th. Students will have a chance to view the fair and also a time to purchase. More details to come soon!

#### REMINDER NO SCHOOL

Thursday November 12th

Friday November 13th

PEITF Annual Convention/CUPE Annual Convention

### **No Sugary Drinks**

Parents, when sending drinks with your child please don't be sending sugary drinks like Gatorade and Peace Tea! Thanks!

We have been having lots of sweaters and coats left in the gym and not many people coming back to get them! If you could please check out the gym and see if any of these items belong to you!



The cold

weather is here! Please send the appropriate clothing with your child. Please ensure clothing and belongings are labeled, as we have no Lost & Found this year!



If you are

ordering lunch ,please remember to pack your cultlery, it no longer comes with your lunch.



#### **Food For Thought!**

The new healthy school lunch program has been very popular! The meals have been prepared by Thatcher's Eatery! You can register your child at,

www.peischoolfood.ca



# Home and School News

The Home and School will be selling tickets mid- November on a basket of gift cards. If any individual or business would like to make a donation to the basket, please email mcshomeandschool@gmail.co

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The next home and school meeting is November 10th at 6:30pm.



Thank you to Montague Minor Hockey, Cardigan Softball Association and Knights of Columbus for their donations to our school.



This year we will be using Sign-Up Genius for parent teacher interviews. Using the link below parents will sign-up for a time that best suits them. The earlier parents sign-up the more likely they will get the times they want. If you have any questions please contact the office.

Important Reminders for PT Interviews

All staff and parents are required to wear non-medical masks, except when seated a minimum of 6-feet apart during the interview.

- Hand sanitizer will be provided and its use promoted at entrances, exits and other common areas throughout the school.
- Parents are asked to minimize the number of people attending. Children should not attend.
- Parents should be asked to limit their time at the school to the interviews in order to minimize the number of people in the school at a given time.
- Parents are not required to sign in at the entrance but are expected to sign in with every teacher they meet.

https://www.signupgenius.com/go/5080c4ca4ab2ca3ff2-november





If there is any after school changes for your child, please send in a note for their teacher or call the office prior to **1:30pm**, if possible. This will cut down on confusion at the end of the day.

Without a note or call from parents students will do as they normally do.

Reminder there are no bus notes this year except for child care.

Also parents, if you are picking up your child after school we suggest that you pick them up at **3 o'clock** this way the buses will be gone out of the bus pick up lane and there is more room for parents to pull in to pick up their child.



#### **Provincial Highlights**

A new single 1-800 number will be introduced in the coming weeks making it easier to contact your student well-being team.

### Montague Family of Schools: Student Well-being Team (SWT) News

The team have been busy offering individual service to students and their families, as well as offering several presentations and groups as requested by school staff. Some topics offered include hand hygiene, healthy relationships, friendships and healthy lifestyle choices.

Did You Know?

Our team accepts individual referrals to service. To request more information on the types of services we offer, you can email our team using MontagueSWTReferrals@edu.pee.ca or call 902-838-0835 ext 241.

For more information on our team and service we offer, check out the following link: <a href="https://www.princeedwardisland.ca/en/information/education-and-lifelong-learning/montague-family-schools-student-well-being-team">https://www.princeedwardisland.ca/en/information/education-and-lifelong-learning/montague-family-schools-student-well-being-team</a>

## **Parenting Information:**

Each newsletter we will be offering some helpful take home messages to parents of children aged 0-12, and Teen. Check out the information for parents of Children (0-12years) in this newsletter.

# Raising Resilient Children Take Home Messages:

- Coping with emotions is important for happiness, wellbeing and success in life.
- ➤ Help your child recognize, understand and accept feelings.
- Encourage your child to express feelings in appropriate ways.
- ➤ Help your child develop a positive outlook.
- Teach your child coping skills.
- Help your child learn to deal with negative feelings and cope with stressful life events.

Want more information, check out the next program offer, and/or visit the link <a href="https://www.triplep-parenting.ca/can-en/find-help/triple-p-parenting-in-prince-edward-island/">https://www.triplep-parenting-in-prince-edward-island/</a>



# PSB Kindergarten Registration for 2021-2022

Parents are asked to register their children for Kindergarten prior to or during the week of November 16-20, 2020.

- Children must be 5 years old by December 31, 2021, in order to be eligible for Kindergarten.
- Parents are asked to register their child at his/her local elementary school during school hours. If you are unsure of your school zone, please call the Stratford Office at (902) 368-6990 or Summerside Office at (902) 888-8400 or Toll Free 1-800-280-7965.
- A registration form will be completed at the time of registration.
- Parents are reminded to bring a piece of Government issued ID verifying proof of child's age.
- Birth Certificate
- PEI Health Card
- Passport
- Verification of home address must also be provided, such as a current utility bill.
- Welcome to Kindergarten sessions for incoming students and their parents will be held at schools in the spring of 2021.

#### Please keep in mind that:

- Parents are reminded to wear a mask at the school when registering their child.
- Only one parent should visit the school to complete the registration.
- Parents will have to sign in upon arrival.
- Parents should only visit the school if feeling well and are not required to self-isolate.
- Please refer to the school website for additional information around visiting schools

# School Cancellation Information:

All PSB school cancellations/delays will be announced on local radio stations and posted on the PSB website and FB page by 7:00am. In some instances it may only be necessary to close an individual school or a "family of schools". Partial system closures or delays will be announced by family of schools. Cardigan Consolidated is in the Montague Family of Schools. It may be necessary to close a school or a family of schools part way through a school day for weather related concerns. Detailed announcements will be made on local radio stations and posted to the school board website and the PSB FB page. We ask that parents make sure that the school has up to date information regarding alternate "early closure arrangements" for your children. This avoids confusion if/when students are dismissed early in the day.

### **Community News**

# **Kids Kickboxing Bootcamp** (Ages 8 - 12)

Join Aaron at Atlantic Fitness East for Kids Kickboxing Bootcamp starting Thursday, November 12 at 430pm. Obstacle courses, games, kickboxing, fun and fitness. Learn fundamental skills including kicks and punches in a controlled environment for fitness and fun. Limited spaces to allow for social distancing. This program will run for six weeks. This program will adhere to our COVID Operational Plan. Because of this, this program will be offered as a registered closed cohort group. Register Online Today -

https://forms.gle/jqvLETBTvPt

\$30 for members / \$45 for non-

7kosx5

members.

# 3rd Degree Training Montague

AFTERSCHOOL PROGRAM FOR THE KIDS IS BACK!!

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We are happy to announce this amazing kids program is back!

Ages 7-12.

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Throughout the 6 weeks your kiddo will:

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- ♦ Learn the fundamentals of exercise movements
- ♦ Develop speed and agility for any athletic sport □
- ♦ Build confidence and a passion for being active 

  ☐
- ♦ Enjoy socializing with new friends in a fun workout! <a>□</a>
- ♦ Program starts Nov 2nd!
- ♦6-week program only \$99 plus tax for 12 classes! ☑

To sign up please email <a href="mailto:info@3rddegreemontaque.com">info@3rddegreemontaque.com</a> or

**☎**□ us at 902-393-4863

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## Remembrance Day November 11 (No School)

Every year on November 11, Canadians pause in a moment of silence to honour and remember the men and women who have served, and continue to serve Canada during times of war, conflict and peace. We remember the more than 1,500,000 Canadians who have served throughout our nation's history and the more than 118,000 who made the ultimate sacrifice.